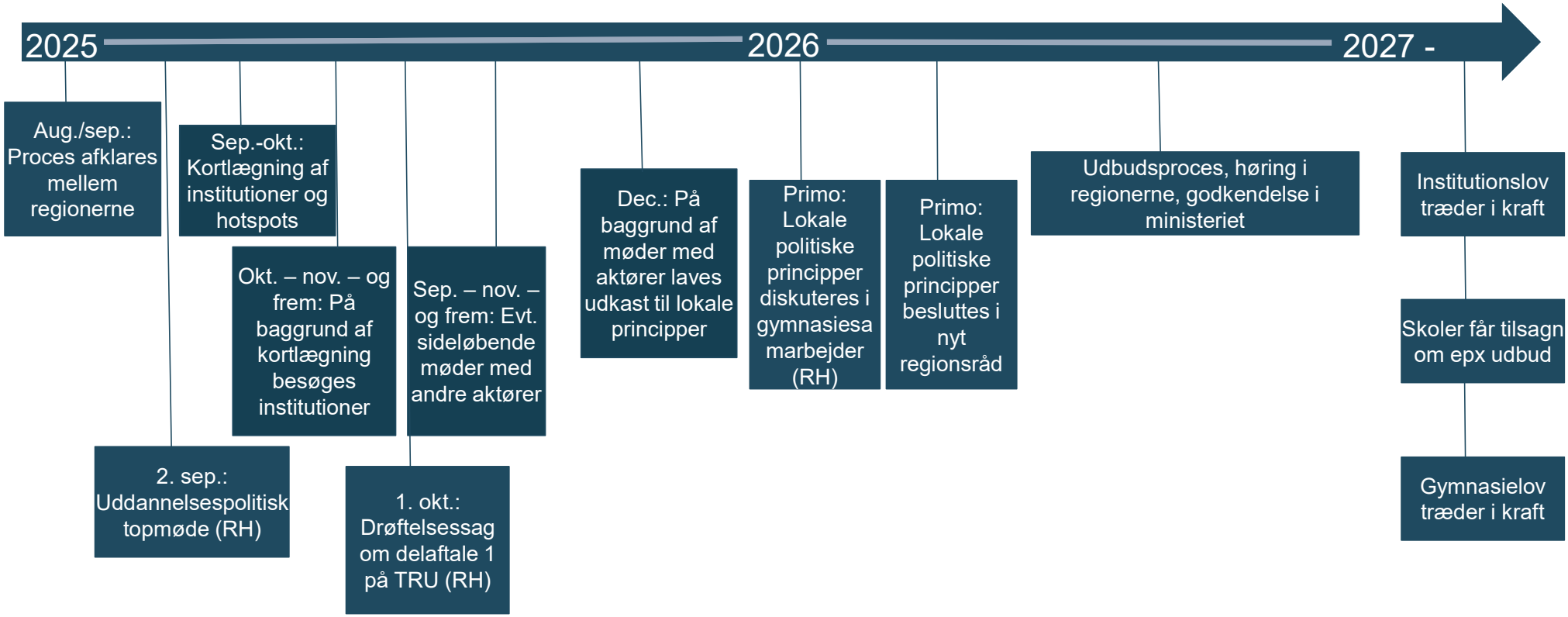Forslag til regional proces